

# Tabbouleh Salad

**Preparation time:** 45 min

**Difficulty:** Easy

## Ingredients

- Black pepper: q.b.
- Bulgur: 100 gr
- Chopped cucumber: 2
- Chopped shallots: 2
- Lemon juice: 1 tablespoon
- Mint: q.b.
- Olive oil: 2 tablespoon
- Parsley: q.b.



## Preparation

Cook Bulgur in a covered pot until well done taking care to see that it does not stick. Transfer to a bowl and add in other ingredients such as chopped cucumber, chopped shallots , parsley, mint, **Pomì chopped tomatoes**, black pepper, olive oil and lemon juice.

**For this recipe we used:**

Chopped Tomatoes  
100 ml

